

AGE GUIDE 2026

Toddlers	1.5-3 years old	Ready Set Move	
Pre School	3-5 years old	Ready Set Ballet, Dance, Acro	
SCHOOL YEAR	AGE	AGE GROUP	BALLET SYLLABUS LEVEL
Prep	4-6 years	Mini	Prep
Grade 1	5-7 years		Pre-Primary
Grade 2	6-8 years	Sub Junior	Primary
Grade 3	7-9 years		Grade 1
Grade 4	8-10 years	Junior	Grade 2
Grade 5	9-11 years		Grade 3
Grade 6	10-12 years	Sub Intermediate	Grade 4
Grade 7	11-13 years		Grade 5
Grade 8	12-14 years	Intermediate	Intermediate Foundation
Grade 9	13-15 years		Intermediate
Grade 10	14-16 years	Senior	Advanced Foundation
Grade 11	15-17 years		Advanced 1
Grade 12	16-18 years		Advanced 2
Graduates	17+ years		Open
Adults	18+ years	Adult	
Acro & Aerial – Please contact office for class placement recommendation			

Monday

*Subject to change

Studio 1	Studio 2	Studio 4	Studio 5
		Ready Set Dance 3:15-4:15	
Ballet 10 & Under Performance Company *Invitation Only 3:45-5:15	Hip Hop Junior/Sub-Intermediate 4:15-5:00		8 & Under Performance Company *Invitation Only 4:15-5:15
	Hip Hop Mini/Sub-Junior 5:00-5:45	Ballet Non-Syllabus Intermediate/Snr 4:45-6:15	Jazz 10 & Under Performance Company *Invitation Only 4:45-6:15
Ballet 12 & Under Performance Company *Invitation Only 5:15-6:45	Hip Hop Intermediate/Snr 5:45-6:30		Jazz 12 & Under Performance Company *Invitation Only 6:15-7:45
Ballet 15 & Under/Open Performance Company *Invitation Only 6:15-7:45		Tap - Adult Open 6:30-7:30	
Jazz 15 & Under/Open Performance Company *Invitation Only 7:15-8:45		Tap - Adult Beginner 7:30-8:15	

Tuesday

*Subject to change

Studio 1	Studio 2	Studio 4	Studio 5
	Jazz & Tap Combo Mini 4:15-5:15	Ballet RAD Intermediate Foundation 4:15-5:15	Tap Comdance Sub-Junior 4:15-5:15
Jazz Comdance Sub-Junior 5:15-6:15		Ballet RAD Advanced Foundation 5:15-6:15	Tap Comdance Intermediate 5:15-6:15
Jazz Comdance Intermediate 6:15-7:30		Ballet RAD Intermediate 6:15-7:15	Tap Comdance Senior 6:15-7:30
Jazz Comdance Senior 7:30-8:45			Jazz Adult 7:30-8:30

Wednesday

*Subject to change

Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
Jazz Comdance Junior 3:45-4:45	Ballet Prep 3:45-4:30		Ready Set Ballet 4:00-4:45	
Jazz Comdance Sub-Intermediate 4:45-5:45	Ballet Pre-Primary 4:30-5:15		Contemporary Intermediate/Snr 4:45-5:45	Tap Comdance Junior 4:45-5:45
Jazz Comdance Intermediate/Senior 5:45-7:00	Contemporary Junior 5:45-6:45		Tap Comdance Sub-Intermediate 5:45-6:45	Aerial - Achieve/Ascend Extension 6:00-7:00
Ballet Non-Syllabus Intermediate/Senior 7:00-8:30	Contemporary Sub-Intermediate 6:45-7:45	Intro to Ballet * For Teens 7:00-7:45	Ballet Adult Beginner 6:45-7:45	Aerial - Elevate Extension 7:00-8:00
			Ballet Adult Open 7:45-8:45	

Thursday

*Subject to change

Studio 1	Studio 2	Studio 4	Studio 5
Ballet RAD Grade 1 4:00-4:45	Jazz & Tap Combo Mini 3:45-4:45	Ballet RAD Primary 4:00-4:45	Jazz Comdance Junior A 3:45-4:45
Ballet RAD Grade 3 4:45-5:45		Ballet RAD Grade 2 4:45-5:45	Jazz Comdance Sub-Junior 4:45-5:45
Ballet RAD Grade 5 5:45-6:45		Ballet RAD Grade 4 5:45-6:45	Jazz Comdance Junior B 5:45-6:45
Ballet RAD Intermediate 6:45-7:45		Ballet RAD Intermediate Foundation 6:45-7:45	Jazz Comdance Sub-Intermediate 6:45-8:00
Ballet RAD Advanced Foundation 7:45-8:45			

Friday

*Subject to change

Studio 1	Studio 2	Studio 4	Studio 5
Ready Set Acro 3:15-4:00			
Acro 1 4:00-4:45			Aerial - Achieve 4:15-5:15
Acro 2 4:45-5:45			Aerial - Ascend 5:15-6:15
Acro 3 5:45-6:45			Aerial - Elevate 6:15-7:15
Acro 4 6:45-8:00			

Saturday

*Subject to change

Studio 1	Studio 2	Studio 4	Studio 5
	Ready Set Acro 8:00-8:45		
Ready Set Move 8:15-8:45			
Ready Set Dance Level 1 8:45-9:45	Ready Set Dance Level 2 8:45-9:45		
Ready Set Ballet Level 1 9:45-10:30	Ready Set Ballet Level 2 9:45-10:30	Jazz & Tap Combo Mini & Sub Junior	
		9:45-10:45	
Ballet Pre-Primary 10:45-11:30	Ballet Prep 10:45-11:30	Jazz & Tap Combo Junior/Sub- Intermediate 10:45-12:15	
Ballet RAD Grade 1 11:30-12:15	Ballet RAD Primary 11:30-12:15		
Ballet Grade 3 12:15-1:15		Ballet Grade 2 12:15-1:15	Aerial - Aspire/Excel 12:00-1:00
Contemporary Sub-Intermediate 1:15-2:00		Contemporary Junior 1:15-2:00	
Ballet Grade 4 2:00-3:00		Ballet Grade 5 2:00-3:00	Acro Junior 2:00-3:00
Ballet RAD Intermediate			

Foundation 3:00-4:00			
---------------------------------------	--	--	--